

GLEND A E. FLEMISTER, M.D., F.A.C.P., F.C.C.P.

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Summary: *Triple Board-Certified physician executive/consultant with vast experience in medical necessity and utilization review. Board Certified in Internal Medicine, Pulmonary Medicine, and Critical Care Medicine. Over 10 years of experience in national insurance and payer companies. Has served as Medical Director for Aetna, Blue Cross Blue Shield Association, and Next Level Health Partners.*

CURRENT CERTIFICATIONS

Internal Medicine – certified 1988 American Board of Internal Medicine. (ABIM) no expiration.

Pulmonary Medicine – certified through 2023 ABIM: enrolled in maintenance of certification program

Critical Care Medicine – certified through 2025 ABIM: enrolled in maintenance of certification program

EMPLOYMENT HISTORY

10/01/2013-current, Frankfort, IL

Medical Health Solutions

Consultation services to companies regarding healthcare and compliance. Sub-specialty medical reviews in Pulmonary and Critical Care Medicine.

11/01/2015-05/07/2016

Next Level Health Care, Chicago, IL

Interim CEO as company transitioned from a healthcare management organization to a management care organization

10/6/2014-10/2015

Blue Cross Blue Shield Enterprise, Chicago, IL.

Medical Director; Pharmacy Division involving the multi-state, (Montana, Oklahoma, New Mexico, Texas, Illinois.

8/2013 – 10/1/2014

Independent Consultant

Consultation services for multiple managed care organizations and insurance companies, including part time temporary employment at Aetna and AllMed in medical reviews.

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May 22, 2017

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01/2003-07/2013

**Aetna Insurance, Inc. Mid America, Chicago, IL,
Medical Director**

Provided clinical leadership for the utilization management process of all ages, including pre-authorization, denials and appeals, specialty and sub-specialty reviews with medical determinations using nationally published and recognized clinical guidelines.

Utilization review to included evaluation of the health history, diagnosis, pharmaceutical utilization, and medical device review for appropriateness of medical services. This includes medically necessary services and location of services: in-patient, out-patient, in-home health service.

Theses reviews encompassed concurrent reviews and retro-active reviews involving acute care, long term care as well as chronic care. Reviews were with all plans of business including HMO, PPO, Specialty networks, and joint collaborative projects as well as Medicare.

Conducted appeal reviews and hearings, from physicians, patients, hospitals and other vendors or providers as well as peer to peer reviews. Provided assessment of risk management in medically and surgically complex cases, to achieve the best clinical outcomes while controlling cost as measured through data analysis.

For 2 years, I coordinated medical with psychological/behavioral health plan benefits for improved patient outcomes.

Administered case reviews consistent with the Health Insurance Portability and Accountability Act with providers, patients and staff.

Member of Aetna's clinical Policy Bulletin Committee, clinical policy research, analysis and clinical program development, and applied principles in utilization reviews.

Provided clinical direction and guidance to nurses and other staff for utilization and interpretation of protocols.

Involved with credentialing and re-credentialing of physicians.

Worked with pharmacy for pharmacy benefits, and special pharmacy committees to monitor and assess best practice analysis, patient compliance, safety, and cost effective utilization.

Supported and provide clinical expertise in disease management, case management, and re-admission programs.

Analyzed data to identify opportunities for quality improvement and positive effective delivery of healthcare.

Engaged in quality metrics to assist in achieving NCQA accreditation.

Collaborated with other functional areas that interface with medical management including facility and network relations, contracting, member services, sales, benefits and claims management, healthcare delivery, national medical services and national accounts to achieve quality care.

Special Projects and Committees:

--Aetna's Clinical Policy Bulletin

As a member of this committee for 7 years reviewed, updated and revised Aetna policies, procedures, and covered benefits. All policies are vetted in this committee, including all medical, surgical, device, technology, pharmacy and claims issues. New protocols and national guidelines were addressed at this. Evaluated new as well as prior coding issues, medical standards of care, and assessed coding logic, (combinations codes, deletions), for reformatting policies.

--Condition Analysis in Pulmonary Medicine.

Reviewed pulmonary topics for trending. This includes drug therapy, procedures, new techniques, and how this will impact Aetna. For example, I reviewed two (2) years of drug therapy for the drug, Xoliar. This was to assure drugs were being used correctly, monitor outcomes, and grandfather members into the system that did not have the appropriate prior approval. Another example was to assess the effect Aetna would experience with the change from CFC to HFA inhaler drugs as the FDA required the pharmaceutical companies to change.

--Specialty Society Committee

I advised and provided to the Subspecialty Society Committee and to Aetna senior leadership subspecialty information from national group, and leaders in the medical and surgical field. I had direct intervention with Cardio-Pulmonary Exercise & Testing, Bronchial Thermoplasty, Allergy Standards, etc. providing national guidelines and protocols.

--Comparative Effectiveness Research (CER) Workgroup Meeting

As a member of this committee I identified, evaluated and compared research opportunities and how these studies may impact Aetna, as well as coordinate comparative research activities within Aetna. This group collaborates with other areas such as medical informatics to provide resources to study and assess outcomes. Additional information from international groups, NIH, and universities are used to assure we are abreast of current trends and monitor effects.

--Ingenix Health Technology

As a member of this committee, I brought the Ingenix data to Aetna and incorporated this new information technology and drug therapy so that it may be integrated into current management systems. Such examples include bronchial thermoplasty technology and the use of oncology drugs.

--Lectures

I have represented Aetna at local and national meetings, grand rounds and webinars. One national meeting was the World Congress where I was the chairperson, a workshop leader and presented a major lecture, " Avoiding Hospital Re-admission and Improving Patient Care Strategies that work". Other lectures included the National Organ Donation, and community service organizations. Topics have included HIV and Aids, Asthma Control, Ventilator Management, Chronic Obstructive Lung Diseases, (demographics, treatment strategy, outcomes, projected cost etc), Medical Genomics, and Medical Devices Strategies.

Served as a subject matter expert in Pulmonary Medicine and Critical Care Medicare to the Aetna staff, as well as performing second and third level appeal reviews in these areas. This is to assure the member receives entitled benefits per plan policy but also to assure best medical practices and guidelines are utilized, minimize any litigation issues, and comply with state and national laws.

Prior Professional Experience

1979 to 2002

Practice limited to pulmonary medicine, critical care medicine and internal medicine in Joliet, Illinois. The practice includes the chronic and acute care of asthma, allergy, sleep disorders and other pulmonary diseases. Lectures educational seminars, expert medical litigation and testimony in subspecialty areas. Initiating Pulmonary Rehabilitation Department and Pulmonary Function & Pulmonary Stress Testing. Further information available upon request. Summary Details:

Pulmonary Functions Laboratories, Pulmonary Stress Testing, Joliet, Illinois

Silver Cross Hospital and St. Joseph Medical Center. I developed both Pulmonary Function Laboratory and Pulmonary Stress Testing in both facilities where there had not been capabilities.

Pulmonary Rehabilitation Department. I developed this department at St. Joseph Medical Center and had facility accredited.

Joliet Pulmonary Rehabilitation was developed by me as outpatient facility and received accreditation.

1986 to 1988

Executive Committee at St. Joseph Hospital, Joliet, Illinois

1990 to 2002

Pharmacy and Medical Therapeutic Committee, Joliet, Illinois

1990 to 2002

Intensive Care Committee Provena St. Joseph, Joliet, Illinois

1993 to 2002

Teaching Medical Education, Joliet, Illinois

1993 to 1994

Medicine Committee at St. Joseph Hospital, Joliet, Illinois

EDUCATION and TRAINING CERTIFICATIONS

Northern Illinois University, DeKalb, IL; received Bachelor of Science

Loyola University Stritch School of Medicine, Maywood, IL; received Doctor of Medicine

Columbus Hospital, Chicago, IL; Internal Medicine Internship

Michael Reese Medical Center, Chicago, IL; Internal Medicine Residency

Hines Veterans Affairs Hospital, Hines, IL; Pulmonary Medicine and Critical Care Fellowship

CURRENT LICENSURE

State	License No.	Expiration.
Illinois	036.052261	07/31/2020
Kentucky	40782	07/01/2019
New Mexico	MD2015-0575	06/01/2019
Oklahoma	31562	03/01/2019

NPI National Provider Identifier No. 170015005

CURRENT PROFESSIONAL ASSOCIATIONS

American College of Chest Physicians

Society of Critical Care Medicine

American College of Physicians

American Thoracic Society

American College of Physician Executives

Institute of Medicine of Chicago

Chicago Asthma Consortium

